

**NYU Winthrop**  
Hospital



**NYU**

LONG ISLAND  
SCHOOL OF MEDICINE

**4TH ANNUAL**

# BREAST HEALTH SYMPOSIUM

**PREVENTION, PERSONALIZATION, PRECISION:  
ACHIEVING OPTIMAL BREAST CARE**

**SEPTEMBER 20, 2019**

**NYU WINTHROP RESEARCH & ACADEMIC CENTER**

NYU Winthrop Hospital | Mineola, New York



Accredited by NYU Winthrop Hospital  
Approved for 5.00 CME-CE Credits  
5.00 ABIM MOC Points  
5.00 Points ABMS MOC Part II CME Activity  
This is a MIPS-eligible Quality Improvement Activity

# OVERVIEW

This course brings together a group of experts, who will discuss and engage the audience to minimize any existing knowledge gap by presenting the latest guidelines and treatment options for patients with breast disease, especially breast cancer. It is daunting for health professionals to keep abreast of all the information and literature that is continuously being brought to the forefront on breast disease. The goal of the course is to improve the knowledge base of the audience and improve the care outcomes of patients.

## LEARNING OBJECTIVES

At the end of this course, participants should be able to:

- Explain the use of the 21 gene assay for the selection of treatment in early stage breast cancer
- Explain the use of the 70 gene assay for the selection of treatment in early stage breast cancer
- Explain the use of the 12 gene assay for the selection of treatment in early stage breast cancer
- Familiarize themselves with elements of breast cancer risk assessment
- Identify women who should be referred for cancer genetic testing and high risk interventions
- Identify management options for women at increased risk for breast cancer
- Interpret the advantages of population-based approaches for cancer prevention
- Interpret the advantages of targeted approaches for cancer prevention
- Review the latest data on models that predict absolute risk of breast cancer for informing more targeted approaches
- Identify the latest breast imaging modalities including mammogram and ultrasound
- Explain the current indications for magnetic resonance imaging (MRI)
- Discuss screening guidelines, including patients at high risk and with dense breasts
- Define concepts of Integrative Medicine, Integrative Oncology, Complementary and Alternative Medicine
- Describe a model of integrative medicine in cancer care where we develop an evidence-informed integrative care plan
- Appraise integrative approaches for lifestyle/health support and symptom management

## TARGET AUDIENCE

Medical, Surgical, & Radiation Oncologists, Breast Surgeons, Plastic Surgeons, Radiologists, Pathologists, Obstetricians & Gynecologists, Palliative Care Physicians, Genetic Counselors, Physician Assistants, Advanced Practice Nurses, Registered Nurses, Social Workers, Breast Nurse Navigators, Breast Social Workers, Patient Ambassadors and Patient Advocates.

## COMPETENCIES ADDRESSED

- Patient Care
- Medical Knowledge
- Professionalism
- IOM Aims for Care (Safe, Timely, Effective, Efficient, Equitable & Patient Centered Care)
- Practice-based learning and improvement
- Interpersonal and Communications skills
- Systems-based practice

## ACCME ACCREDITATION

NYU Winthrop Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2023. **Provider #: 0006392**

## AMA CREDIT DESIGNATION

NYU Winthrop Hospital designates this live activity for a maximum of **5.00 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## MOC STATEMENT

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **5.00 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program and **5.00 MOC Points** in the American Board of Medical Specialties' Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participation completion information to ACCME for the purpose of granting ABIM and ABS MOC credit.

## MOC APPROVAL STATEMENT

Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the ABMS Continuing Certification Directory, 4th Annual Breast Health Symposium: Prevention, Personalization, Precision: Achieving Optimal Breast Care has met the requirements as a MOC Part II CME Activity (apply toward general CME requirement) for the following ABMS Member Boards:

## MOC PART II CME ACTIVITY

- Family Medicine
- Medical Genetics and Genomics
- Nuclear Medicine
- Physical Medicine and Rehabilitation
- Preventive Medicine
- Plastic Surgery
- Radiology

<https://www.continuingcertification.org/activity/4th-annual-breast-health-symposium-prevention-personalization-precision-achieving-optimal-breast-care/>

## NURSING CREDIT

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for up to **5.00 Contact Hours. Provider # NY009-2020**

## SOCIAL WORK ACCREDITATION

NYU Winthrop Hospital, Office of Academic Affairs SW CPE, is recognized by the New York State Education Department's State Board for Social Work as an approved provider of Continuing Education for licensed social workers #0319. This activity has been approved for up to **5.00 contact hours**, if the learner has participated in the full course. **Learners who do not complete the full course will not be awarded any partial credit.**

## FACULTY DISCLOSURE

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NEMSD and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products or devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity.

# AGENDA

- |        |   |
|--------|---|
| 8:15a  | Registration, Breakfast and Exhibits  |
| 8:45a  | <b>Welcome and Introduction</b><br>Nina D'Abreo, MD   |
| 9:00a  | <b>Tailoring Medical Treatment for Early Breast Cancer</b><br>Adam M. Brufsky, MD, PhD<br><i>This presentation will focus on the use of genomic assays in the selection of adjuvant treatments for early stage breast cancer</i>  |
| 9:40a  | <b>Tailoring Surgical Treatment for Early Breast Cancer</b><br>Charles E. Cox, MD, FACS<br><i>This presentation will discuss the integration of breast cancer biology into surgical decision making</i>   |
| 10:20a | <b>Case Discussion</b><br>Douglas Marks, MD   |
| 10:50a | Coffee Break and Exhibits   |
| 11:10a | <b>Tailoring Screening and Management of High Risk Patients</b><br>Freya R. Schnabel, MD<br><i>The emphasis of this presentation is the identification of high risk individuals and risk-specific management with an aim toward maximizing early detection and prevention of breast cancer</i>  |
| 11:50a | Luncheon and Exhibits   |
| 12:40p | <b>Exposures and Hormones</b><br>Mary Beth Terry, PhD<br><i>This talk will review the latest data on modifiable risk factors for breast cancer and discuss the advantages of using both population-wide and targeted prevention approaches</i>  |
| 1:15p  | <b>Panel Discussion and Q&amp;A: Breast Disease in Young Women</b><br>Shubhada Dhage, MD, FACS – Moderator, Mary R. Kriner, MD, Noel B. Natoli, MD, FACS, Freya R. Schnabel, MD<br><i>Breast Health related issues faced by young women will be discussed by a panel of experts</i>   |
| 1:45p  | <b>Updates in Breast Imaging</b><br>Hildegard B. Toth, MD<br><i>This talk will highlight imaging guidelines and advances for screening and diagnosis of breast cancer</i>   |
| 2:20p  | <b>Complementary and Integrative Medicine: Supporting Health During and After Cancer Care</b><br>Gabriel Lopez, MD<br><i>This presentation will explore how to modify lifestyle factors and use adjunctive approaches for symptom management as part of a coordinated, evidence-informed integrative medicine care plan in collaboration with your oncology care team</i> |
| 3:00p  | <b>Adjourn</b>  |

# FACULTY



## **Nina D'Abreo, MD\***

*(Activity Director)*

Medical Director, Breast Cancer Services  
NYU Winthrop Hospital  
Mineola, NY



## **Adam M. Brufsky, MD, PhD**

Associate Chief, Division of Oncology/Hematology  
Co-Director, Comprehensive Breast Cancer Center  
Associate Director, Clinical Investigation  
University of Pittsburgh Department of Medicine  
Professor of Medicine  
University of Pittsburgh School of Medicine  
Pittsburgh, PA



## **Charles E. Cox, MD, FACS**

Breast Surgeon  
Tampa Breast Care Specialists  
Endowed Chair, College of Medicine Surgery  
Professor of Surgery  
University of South Florida Health  
Tampa, FL



## **Shubhada Dhage, MD, FACS\***

*(Activity Co-Director)*

Director, Breast Surgical Services  
Associate Director, Breast Health Program  
NYU Winthrop Hospital  
Assistant Professor of Surgery  
New York University School of Medicine  
Mineola, NY



## **Mary R. Kriner, MD**

Attending Obstetrician/Gynecologist  
NYU Winthrop Hospital  
Clinical Assistant Professor  
Department of Obstetrics and Gynecology  
New York University School of Medicine  
Mineola, NY



## **Gabriel Lopez, MD**

Medical Director, Integrative Medical Center  
Department of Palliative, Rehabilitation and Integrative Medicine  
MD Anderson Cancer Center  
Assistant Professor of Palliative, Rehabilitation  
and Integrative Medicine  
Division of Cancer Medicine  
The University of Texas MD Anderson Cancer Center  
Assistant Professor of Medicine  
The University of Texas Medical School at Houston  
Houston, TX



## **Douglas Marks, MD, FACS\***

*(Moderator)*

Attending Oncologist/Hematologist  
NYU Winthrop Hospital  
Mineola, NY



## **Noel B. Natoli, MD, FACS**

Plastic Surgeon  
Long Island Plastic Surgery Group  
Garden City, NY



## **Freya R. Schnabel, MD**

Director of Breast Surgery  
NYU Langone Medical Center  
Professor of Surgery  
New York University School of Medicine  
New York, NY



## **Mary Beth Terry, PhD**

Professor, Department of Epidemiology  
Columbia University Mailman School of Public Health  
New York, NY



## **Hildegard B. Toth, MD**

Section Chief, Division of Breast Imaging  
NYU Langone Medical Center  
Associate Professor of Radiology  
New York University School of Medicine  
New York, NY

## PLANNING COMMITTEE

### **Cheryl Brancato, MPA**

Breast Health Program Manager  
NYU Winthrop Hospital  
Mineola, NY

### **Michelle DeCastro, LCSW, OSW-C**

Breast Health Social Worker  
NYU Winthrop Hospital  
Mineola, NY

### **Maya Kazanjian, BSN, RN, CBCN, CN-BN**

Breast Nurse Navigator  
NYU Winthrop Hospital  
Mineola, NY

### **Zhanna Logman, MD, FACS**

Breast Surgeon  
NYU Winthrop Hospital  
Clinical Assistant Professor of Surgery  
New York University School of Medicine  
New York, NY

### **Rob Martin, MBA, CHCP, CPHIMS**

Associate Dean  
Director, Office of Continuing Medical Education  
NYU Winthrop Hospital  
Mineola, NY

### **Virginia Maurer, MD, FACS, FRCS(C)**

Chief, Division of Breast Surgery  
Director, Breast Health Program  
NYU Winthrop Hospital  
Mineola, NY

### **Diana Pasqua, MSN, RN, OCN**

Oncology Nurse Educator  
NYU Winthrop Hospital  
Mineola, NY

### **Peter Sandre, BA**

Manager of CME Events and Compliance  
NYU Winthrop Hospital  
Mineola, NY

**\*Denotes Planning Committee**

# REGISTRATION

**We accept online registration ONLY for all NYU Winthrop CME-CE courses.**

**Please register at <https://Winthrop.Cloud-CME.com>**

**SPACE IS LIMITED. REGISTER EARLY.**

## REGISTRATION FEES

Registration fee includes educational materials, meals and CME-CE credit certificate

\$150	Non-NYU Physicians
\$120	NYU Physicians (with Kerberos ID)
\$100	Non-NYU Nurses, PAs, NPs & Social Workers
\$80	NYU Nurses, PAs, NPs & Social Workers (with Kerberos ID)
\$35	Non-NYU Residents and Fellows
\$25	Patient Ambassadors and Patient Advocates
FREE	NYU Residents and Fellows (with Kerberos ID)

## CONFIRMATION

All registrants will receive a confirmation via email.

## CANCELLATION

It is the policy of NYU Winthrop Hospital, that in the unlikely event we must cancel a scheduled activity, all registered learners are immediately notified via email, with full refund offered where applicable. Wherever possible, our registration page of the website will be updated to reflect the activity cancellation. If we cancel less than 48 hours in advance of scheduled start time, we will also telephone all registered learners regarding the cancellation and refund. **Cancellation by learner:** It is the policy of NYU Winthrop Hospital, that if you the learner must cancel or withdraw before an activity for which you have previously registered, a handling fee of \$25 will be deducted for cancellation. Requests for refund or transfer of registration must be received by email 72 hours prior to the course. No refund or transfer of registration will be made thereafter.

## LOCATION

NYU Winthrop Research & Academic Center  
Main Level  
101 Mineola Boulevard  
Mineola, NY 11501

## TRAIN INFORMATION

Mineola is 34 minutes by train from New York's Penn Station and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR's TrainTime mobile app for daily schedules. If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the NYU Winthrop Research and Academic Center pictured below.

## PARKING

Parking is available at any of these convenient campus lots:

- Mineola Intermodal Center at 65 3rd Ave., Mineola (Payment required).
- NYU Winthrop Campus Visitors Lot (access via Emergency entrance at 2nd & 3rd Ave. Payment required).
- 120 Mineola Blvd. Ramp (Free parking on weekends above level 2 only, other levels will be fined).

**NOTE: Parking will not be validated in any NYU Winthrop campus lots.**

## SPECIAL NEEDS

The NYU Winthrop Research & Academic Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459. If you experience technical problems with the online system, wish to register a group, or require other special arrangements, please contact Keyana Golds at 516-663-9685 or via email at [Keyana.Golds@nyulangone.org](mailto:Keyana.Golds@nyulangone.org) for assistance.

## COMPLAINT RESOLUTION POLICY

It is the policy of NYU Winthrop Hospital that Complaints received about continuing education or related matters are investigated and resolved within 72 hours (if received during business hours), or within 7 days (if received outside of business hours).

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